THE LUNG ASSOCIATION™

When you can't breathe, nothing else matters.™

ASTHMA RESOURCES ORDER FORM

Asthma Action Handbook

33-page book covers asthma management basics and includes a tear-out asthma action plan.

Eng._____ Fr._____

Asthma in Children

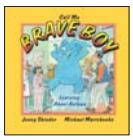
52-page book for parents/ caregivers of children with asthma, including a tear-out asthma diary card.

Eng._____ Fr._____

Asthma Control Check

Brochure includes quick test of asthma control, tips on managing asthma, and where to get help.

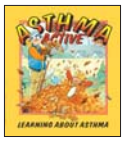
Eng._____ Fr._____



Call Me Brave Boy

Story book for 2-6 yr. old children with asthma with illustrations by Michael Martchenko.

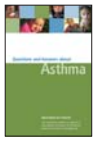
Eng._____ Fr._____



Asthma Active

Activity book for 7-12 year old children full of fun educational games.

Eng._____ Fr._____



Questions and Answers About Asthma

44-page book for parents of children with asthma.

Eng._____ Fr._____

Asthma Action Plan

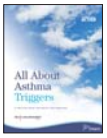
Tool to help patients better manage their asthma using the common green, yellow and red traffic light format.

Eng._____ Fr._____

Asthma Diary

Keep a record of symptoms, medication use and peak flow readings to help better manage asthma.

Eng._____ Fr._____



All About Asthma Triggers

(For Health Care Providers Only)

This 40-page book assists health care providers in managing asthma triggers for their patients.

Eng._____

Managing Asthma Episodes Poster

Poster for hanging:

Eng._____ Fr._____

Reference page for binder:

Eng._____ Fr._____

Student Asthma Management Plan

Schools can use this form to track students with asthma, including medications and emergency contacts.

Eng._____ Fr._____

Smoke-Free Homes

Pamphlet explains how to make your home smoke-free.

Includes stickers:

Welcome to our Smoke-Free Home
Welcome to our Smoke-Free Vehicle

Eng._____ Fr._____

Asthma Fact Sheets

Asthma and Exercise:	Eng.____	Fr.____
Adult Onset Asthma:	Eng.____	Fr.____
Asthma and Pets:	Eng.____	Fr.____
Asthma and Smoking:	Eng.____	Fr.____
Childhood Asthma:	Eng.____	Fr.____
Asthma in the Workplace:	Eng.____	Fr.____
Asthma and Travel:	Eng.____	Fr.____
What is Asthma:	Eng.____	Fr.____
Triggers in the Home Environment:	Eng.____	Fr.____
Using Inhaled Steroids in Asthma:	Eng.____	Fr.____
Alternative/Complementary Therapies:	Eng.____	Fr.____
Using an MDI:	Eng.____	Fr.____
MDI and Spacer (Mouthpiece & Mask):	Eng.____	Fr.____
Using a Turbuhaler:	Eng.____	Fr.____
Using a Diskus Inhaler:	Eng.____	Fr.____

Work-Related Asthma Brochures

Visit **www.on.lung.ca** - click **Order/view resources** or call 1-888-344-LUNG (5864).

Helpline Tear-Off Pad — promotes The Lung Association toll-free Helpline staffed by Certified Respiratory Educators: Eng. _____

Other Resources: _____ Eng. _____ Fr. _____ _____ Eng. _____ Fr. _____

Order free copies:

- Call The Asthma Action Helpline at 1-888-344-LUNG (5864).
- Fax this order form to 416-922-9430.
- Online at **www.on.lung.ca** click on **Order/view resources**.

Name: _____ Company: _____

Address: _____ City: _____ Prov. _____ Postal Code: _____

Email: _____ Tel: _____ Health Prof. (specify): _____ Other (specify): _____

PRIVACY STATEMENT: The Ontario Lung Association respects your right to the privacy of your personal information in its possession. The personal information you give us will be used only to inform you of the activities of The Lung Association and its two professional healthcare Societies. Our full Privacy Policy may be found at www.on.lung.ca or by writing to our Privacy Officer at 573 King St. E., Toronto, ON M5A 4L3.

❑ Yes, I would like to receive regular mailings and updates. ❑ No, I do not wish to have my information shared.

FORMULAIRE DE COMMANDE DE RESSOURCES SUR L'ASTHME EN FRANÇAIS AU VERSO →